

## **Digestive Disease Associates**

**170 Amendment Ave.**

**Rock Hill, SC 29732**

**803-324-7607**

### **Suflave Colonoscopy Prep:**

**The day prior to your colonoscopy,** you will need to maintain a clear liquid diet. This includes items such as water, tea, apple or white grape juice, plain coffee, clear sodas, clear broth, and jello (not red or purple). Avoid milk products. Avoid any solid foods.

**The morning prior to your colonoscopy,** open one flavor packet and pour the contents into bottle. Fill the bottle with lukewarm water up to fill line. After capping the bottle, shake until all the powder is dissolved then place bottle in the refrigerator.

**The evening prior to your colonoscopy,** start drinking the solution at 4pm and drink 8 ounces of solution every 15 minutes until the bottle is empty. You will need to drink 16 ounces of water to follow by 6pm. After completing this you can continue your clear liquid diet for the remainder of the day.

**5 hours prior to your procedure,** open the other flavor packet and pour into bottle. Fill the bottle with lukewarm water to the fill line. Place cap on the bottle and shake until powder is dissolved. Start drinking 8 ounces of solution every 15 minutes until the bottle is empty. You will need to drink 16 ounces of water to follow over the next hour. **Do not drink anything else prior to your procedure.**

**\*\*\*\*You can premix both bottles the day prior to colonoscopy and put them in the refrigerator to get them chilled before drinking.\*\***

**DIGESTIVE DISEASE ASSOCIATES**

**803-324-7607**

[www.digestivediseaseassociates.com](http://www.digestivediseaseassociates.com)

**General Instructions for All Endoscopy Procedures**

If you have any questions, please contact our office at 803-324-7607 and ask for **Procedure Scheduling**. Also, you may visit our website listed above.

**You must have a driver for all testing-family member/friend/neighbor-NO TRANSPORTATION SERVICES.**

**Diabetics and Weight Loss Patients:** Please follow the instructions below for your procedure:

**\*\*Please follow the instructions below if you take these medications**

| <u>Generic name</u>          | <u>Brand name</u>  | <u>Instructions</u>                   |
|------------------------------|--------------------|---------------------------------------|
| Dulaglutide                  | Trulicity          | Please stop 7 days prior to procedure |
| Exenatide(ER)                | Bydureon BCise     | Please stop 7 days prior to procedure |
| Exenatide(IR)                | Byetta             | Please stop 1 day prior to procedure  |
| Liraglutide(3mg)             | Saxenda            | Please stop 1 day prior to procedure  |
| Liraglutide<br>(1.2mg/1.8mg) | Victoza            | Please stop 1 day prior to procedure  |
| Lixisenatide                 | Adlyxin            | Please stop 1 day prior to procedure  |
| Semaglutide                  | Ozempic,Wegovy     | Please stop 7 days prior to procedure |
| Semaglutide                  | Rybelsus           | Please stop 1 day prior to procedure  |
| Tirzepatide                  | Mounjaro, Zepbound | Please stop 7 days prior to procedure |
| Albiglutide                  | Tanzeum            | Please stop 7 days prior to procedure |
| Galcanzumab                  | Emgality           | Please stop 7 days prior to procedure |

**Please consult your PCP on how to monitor blood sugar during the interim**

**Diabetics**

**\*\*Please hold the following Medications for 3 days prior and Morning of procedure**

Brenzavvy (bexagliflozin)

Invokana (canagliflozin)

Farxiga (dapagliflozin)

Jardiance (empagliflozin)  
Steglatro (ertugliflozin)

**Insulin Shots:** If you take insulin shots:

\*\*The **DAY BEFORE** your procedure, take your usual dose of insulin.

\*\*The **EVENING BEFORE** your procedure, take ½ of your usual dose of insulin.

Make sure to check your blood sugar frequently that day. If sugar falls below 70, drink sprite or 7-UP (not diet)

If you take **Diabetes Pills:**

\*\*Take **NO** diabetes pills the **Night Before or Morning of Procedure.**

**MORNING OF PROEDURE:**

\*Take **NO** insulin shots or diabetes pills.

**FOR EVERYONE THE MORNING OF THE PROCEDURE:**

Only take **Heart or Blood Pressure**, medication, **Seizure** medication and/or **Reflux** medication.

**When to STOP Blood Thinners:**

**Coumadin** - 5 days before

**Pradaxa** - 3 days before

**Eliquis** - 2 days before

**Effient** - 7 days before

**Plavix or Aggrenox** - 7 days before

**Brilinta**- 5 days before

**Xarelto** - 2 days before

**Aspirin**- take as normal

If you take **Iron Pills**, please **STOP 4 Days** prior to your procedure.

Please note: **FAILURE** to cancel your procedure **24 hours in advance** will result in a **\$150 No Show Fee.**