

Digestive Disease Associates

170 Amendment Ave.

Rock Hill, SC 29732

www.digestivediseaseassociates.com

Plenvu prep:

The day prior to your colonoscopy, you will need to maintain a clear liquid diet. This includes items such as water, tea, apple or white grape juice, clear sodas, clear broth, jello (not red or purple). Avoid milk products. Avoid solid food.

Starting at 4pm the day before your procedure, empty Dose 1 into mixing container, fill to line with water (at least 16 fluid ounces) and mix with a spoon or put lid on mixing container securely and shake until completely dissolved. Drink entire contents of mixing container over 30 minutes. Rinse the mixing container and refill to line with water (at least 16 fluid ounces) and drink entire contents of mixing container over 30 minutes.

5 hours prior to your procedure, Empty both Dose pouch A and Dose pouch B into clean mixing container. Fill to line with water (at least 16 fluid ounces) and mix with spoon or put lid on mixing container securely and shake until completely dissolved. Drink entire contents of mixing container over 30 minutes. Rinse mixing container and refill to line with water and drink entire contents of mixing container over 30 minutes. Do not drink anything else prior to your procedure.

Please follow these instructions for the best results for your procedure. Failure to follow these instructions could result in cancellation of your procedure and rescheduling.

DIGESTIVE DISEASE ASSOCIATES

803-324-7607

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General Instructions for All Endoscopy Procedures

If you have any questions, please contact our office at 803-324-7607 and ask for **Procedure Scheduling**. Also, you may visit our website listed above.

You must have a driver for all testing-family member/friend/neighbor-NO TRANSPORTATION SERVICES.

Diabetics and Weight Loss Patients: Please follow the instructions below for your procedure:

****Please follow the instructions below if you take these medications**

<u>Generic name</u>	<u>Brand name</u>	<u>Instructions</u>
Dulaglutide	Trulicity	Please stop 7 days prior to procedure
Exenatide(ER)	Bydureon BCise	Please stop 7 days prior to procedure
Exenatide(IR)	Byetta	Please stop 1 day prior to procedure
Liraglutide(3mg)	Saxenda	Please stop 1 day prior to procedure
Liraglutide (1.2mg/1.8mg)	Victoza	Please stop 1 day prior to procedure
Lixisenatide	Adlyxin	Please stop 1 day prior to procedure
Semaglutide	Ozempic,Wegovy	Please stop 7 days prior to procedure
Semaglutide	Rybelsus	Please stop 1 day prior to procedure
Tirzepatide	Mounjaro, Zepbound	Please stop 7 days prior to procedure
Albiglutide	Tanzeum	Please stop 7 days prior to procedure
Galcanzumab	Emgality	Please stop 7 days prior to procedure

Please consult your PCP on how to monitor blood sugar during the interim

Diabetics

****Please hold the following Medications for 3 days prior and Morning of procedure**

Brenzavvy (bexagliflozin)

Invokana (canagliflozin)

Farxiga (dapagliflozin)

Jardiance (empagliflozin)
Steglatro (ertugliflozin)

Insulin Shots: If you take insulin shots:

The **DAY BEFORE your procedure, take your usual dose of insulin.

The **EVENING BEFORE your procedure, take ½ of your usual dose of insulin.

Make sure to check your blood sugar frequently that day. If sugar falls below 70, drink sprite or 7-UP (not diet)

If you take **Diabetes Pills:**

Take **NO diabetes pills the **Night Before or Morning of Procedure.**

MORNING OF PROEDURE:

*Take **NO** insulin shots or diabetes pills.

FOR EVERYONE THE MORNING OF THE PROCEDURE:

Only take **Heart or Blood Pressure**, medication, **Seizure** medication and/or **Reflux** medication.

When to STOP Blood Thinners:

Coumadin - 5 days before

Pradaxa - 3 days before

Eliquis - 2 days before

Effient - 7 days before

Plavix or Aggrenox - 7 days before

Brilinta- 5 days before

Xarelto - 2 days before

Aspirin- take as normal

If you take **Iron Pills**, please **STOP 4 Days** prior to your procedure.

Please note: **FAILURE** to cancel your procedure **24 hours in advance** will result in a **\$150 No Show Fee.**