DIGESTIVE DISEASE ASSOCIATES

803-324-7607

www.digestivediseaseassociates.com

General Instructions for All Endoscopy Procedure

If you have any question, please contact our office at 803-324-7607 and ask for **Procedure Scheduling.** Also you may visit our website listed above.

<u>Diabetics</u>: Please follow the instructions below for your procedure:

Insulin Shots: If you take insulin shots:

- **The **DAY BEFORE** your procedure, take your usual dose of insulin.
- **The **EVENING BEFORE** your procedure, take ½ of your usual dose of insulin. Make sure to check your blood sugar frequently that day. If sugar falls below 70, drink sprite or 7-UP (not diet)

If you take **Diabetes Pills:**

**Take NO diabetes pills the Night Before or Morning of Procedure.

MORNING OF PROEDURE:

*Take **NO** insulin shots or diabetes pills.

FOR EVERYONE THE MORNING OF THE PROCEDURE:

Only take **Heart or Blood Pressure**, medication, **Seizure** medication and/or **Reflux** medication.

When to STOP Blood Thinners:

Coumadin - 3-5 days before **Plavix or Aggrenox -** 7 days before

Pradaxa - 2-5 days beforeBrilinta- 5 days beforeEliquis - 2 days beforeXarelto - 24 hours beforeEffient - 7 days beforeAspirin- take as normal

If you take **Iron Pills**, please **STOP 4 Days** prior to your procedure.

Please note: <u>FAILURE</u> to cancel your procedure <u>24 hours in advance</u> will result in a \$100 No Show Fee.